

“We’re Back”

The Fordson Booster Club will be holding a Fundraising/Team Dinner on August 8, 2008 at Fordson High School. This fundraiser will be combined with the Football Season Kickoff Team Dinner. Join the team and coaches to help us kickoff another successful season. If you are interested in attending please complete the following and send in with payment of \$25.00 per person. You will receive your dinner ticket in the mail one week prior to the event. Everyone is welcome so spread the word.

Thank you for your support.

Name: _____

Address: _____

Email Address: _____

Phone #: _____

**Mail To: FHS Booster/Team Dinner
7844 Hartwell St. Dearborn, MI 48126
Make Checks Payable to Fordson
High School**

WHAT TO BRING

- **Cross Training Shoes**

*Please arrive to camp by 8:30am on
Day One for Check in and
Assignment.*

COST

\$20.00 Per Week or

\$50.00 Full 3 Week Session

**Pre-Registration is required to receive
session at discounted cost.**

*“At the Door” registration is \$10.00 per
session*

Make Check Payable to:
Fordson High School

Mail Check and Registration Form to:

**Fordson Tractor Speed & Agility Clinics
7844 Hartwell St. Dearborn, MI 48126**

Must be received before June 10th

1ST ANNUAL

FORDSON TRACTOR SPEED AND AGILITY CLINIC

RESTORING TRADITION
THROUGH OUR YOUTH



**July 7,9,11 (Week 1)
July 14, 16, 18 (Week 2)
July 21, 23 & 25 (Week
3)**

**Fordson High School
9:00am -10:45pm**

Hosted by
PJ Mahar Fordson Varsity Track
and Cross Country Coach &
Fordson Varsity Football
Head Coach Fouad Zaban
and their Coaching Staffs

\$20.00 per week or
\$50.00 for full 3 weeks
Pre-Registration Required by June 10th

BUILDING ON A TRADITION

"At the Door" Registration \$10.00 per session

What does the Fordson Tractor Speed and Agility Clinic have to offer your child?

Fordson High School and their athletic program have long been known for their great tradition of excellence. Our 1st Annual Fordson Speed & Agility Clinics are looking to build on that great tradition by focusing on the youth of our community and introducing them to the fundamentals of proper running technique and fitness training through which they can build the characteristics and ideals of teamwork, responsibility, dedication, respect, discipline, and integrity.

We believe athletics is a vessel through which our youth can learn these fundamentals and carry them throughout their lives.

Your child will receive instruction and coaching that will enable them to be better student-athletes. The main focus will be on teaching proper techniques and progression of drills and workouts that will improve speed, agility, and flexibility. The following areas will be covered:

Dynamic Warm-Up

Cool Down

Speed Development

Agility

Flexibility

Goal Setting

Time Management.

Our goal is for all the students to gain the skill and knowledge to help them progress to reach their full potential as an athlete.

Registration Form

Name: _____

Address: _____

Phone Number: _____

Campers Birthdate ____/____/____

Age: ____ as of December 1st 2008

Grade (September 2007): _____

School: _____

Parent Name: _____

Cell/Work Phone Number: _____

Please select that which applies to your registration preference.

Week 1 \$20.00 _____

Week 2 \$20.00 _____

Week 3 \$20.00 _____

Full 3 Weeks \$50.00 _____

My child has my permission to attend the 2008 Fordson Tractor Football Camp. I certify that my child is in good health and capable of participating in all activities. Further, by signing below, I agree to assume the risks associated with participating in the camp and release Fordson High School, the camp, camp director and staff from all liability.

Parents Signature: _____

Date: ____/____/____ Check # for Reg. Fee _____